#### 24 to 30 Months

- I can name almost everything that is familiar to me (100-200 words)
- I spend a lot of time scribbling pictures with crayons and markers
- I can sit and "read" picture books, turning pages, and naming the pictures
- I can make a tower of 8 blocks
- I can put together a puzzle of 4-6 pieces
- I can feed myself using a spoon and fork
- I can walk up and down stairs using the railing
- I like to be with other children for a short time, but I'm only beginning to understand sharing
- I know what a toilet is for, but I may not want to use it

#### 31 to 36 Months

- I can make some 4 to 5 word phrases, like "Get some for me."
- I can kick a ball forward, jump with both feet, and pedal a tricycle
- I can match circles, squares and triangles
- I will play with two or three children in a group
- I can pay attention in my play for 5 minutes
- I like to pretend play like feeding my baby doll

#### Who Can Make A Referral?

Anyone concerned with how a child is developing may make a referral to Birth to Three such as parents, physicians, family members, child-care providers, school personnel, therapists, or other agencies.

#### What Will It Cost?

Family income does not determine eligibility for Birth to Three. Developmental screening, evaluation, and service coordination are provided at no cost.

Families who are able may be ask to share in a small portion of the cost of services. Medical Assistance and private insurance can be billed with family permission. Contact the Douglas County Birth to Three at::

**Douglas County Department of Health & Human Services Birth to Three** 



Mary Chialastri, Program Coordinator

715-395-1616 for information

715-395-1304 to make a referral

State Wide Information & Referral: Wisconsin First Step: 1-800-642-STEP(7837)

## DOUGLAS COUNTY WISCONSIN'S

# BIRTH TO 3 EARLY INTERVENTION PROGRAM



A partnership of parents, professionals, and a community dedicated to helping infants and toddlers reach their potential.

Birth-to-Three
Douglas County Department of
Health & Human Services

Mary Chialastri, Program Coordinator 1316 N 14th Street, Suite 324 Superior, WI 54880 715-395-1304 to make a referral 715-395-1616 for Information All Children develop at their own pace and in their own way. The developmental milestones listed here tell you what you can expect from your child. No one knows your child better than you! If you have questions or concerns, call Mary Chialastri at: 715-395-1616.

#### What is Birth to Three?

The first three years are the most important building blocks of your child's future. Every family wants their children to grow to their fullest potential, especially during this formative time. Some children who have developmental delays or disabilities need extra support. One way this support is provided is through early intervention.

Wisconsin's early intervention program is known as **Birth to Three**. Birth to Three staff, trained in assessing the development, strengths and needs of very

Or de gro

young children, determine if a child is eligible for the program. Once a child is enrolled, staff and families work in partnership to determine which services will best support their child's ability to grow, learn and communicate.



### Birth to Three services can include:

- Developmental Screenings
- Developmental Evaluations
- Child & Family Education
- Speech & Language Therapy
- Occupational Therapy
- Physical Therapy
- Community Information
- Related Health Services
- Service Coordination



#### 1 to 4 Months

- I gurgle and smile when I'm happy
- When you talk to me, I answer by cooing and gurgling
- I'm fascinated by my hands and bring them together to look at them
- I can hold my head and chest up for a few minutes when on my tummy
- I can recognize some people by their voices
- I can hold on to things for a little while



#### 5 to 8 Months

- I babble, making sounds like eee, ahh, dada
- I like to grab, bang, and shake things and put them in my mouth
- I can pass a toy from one hand to the other
- I can roll over both directions
- I may crawl backward and forward on my stomach
- I can sit for a while without any help
- Around strangers, I may cling to you or cry

#### 9 to 12 Months

- I understand some words, my name, and simple sentences
- I can say "no" or shake my head from side to side
- I feed myself finger foods, even tiny pieces, and help hold my cup
- I can pull myself up by holding on
- I crawl upstairs, but don't know how to go downstairs
- I try to dress and undress myself, but am not very good at it yet
- I like to play peek-a-boo and patty cake
- I follow simple directions and understand a lot of what you say
- I am afraid of strangers

#### 13 to 17 Months

- I can say 4 to 5 simple words other than "mama" and "dada"
- I can let you know when I want something, like something to drink
- I can follow simple requests like, "give me the ball"
- I am getting good at imitating words
- I can turn pages in a book, a few at a time, and point to pictures I know
- I am learning to use a spoon
- I can walk pretty well, which helps me get into everything
- I like a lot of attention and hugs, even though I am mostly interested in myself

#### 18 to 23 months

- I can say 10-20 simple words, but use "no" a lot
- I can answer some questions like "what does the dog say?"
- I can feed myself pretty well and drink by myself from a cup without a cover
- I can put two-piece puzzles together
- I can throw a ball, run and climb
- I'm developing a mind of my own so I don't always respond quickly to requests

