Congratulations!

We would like to congratulate you on the birth of your baby. Home visiting by public health nurses after the baby is born helps parents with questions related to managing their baby's health and safety needs.
What is the Public Health Nurse “New Baby Visit”?

A Public Health Registered Nurse will offer a home or office visit to Mothers with new babies living within Douglas County. During this service, information will be shared on infant care, child development, safety, nutrition, and community resources.

Common concerns or questions that you may want to discuss with the Public Health Nurse

- Baby’s weight and other measurements
- Breast or bottle feeding
- Jaundice
- Thrush
- Constipation
- Premature baby
- Low birth weight or poor weight gain
- Care after a cesarean section
- Infant development, bonding and attachment

How do I arrange for a Public Health Nursing Visit?

Please call the Douglas County Department of Health and Human Services Public Health Unit to request a “new baby visit.”

What Other Services may I receive for my baby from Public Health Nursing?

- Childhood Immunizations
- Ages & Stages Developmental Screening
- Parenting Education

There is no cost to you for your New Baby Visit by a Public Health Nurse.

Some of the areas the nurse will cover are:

- Newborn physical assessment
- Post-partum assessment of mother
- Health and Safety Education
- Community Resources-Information and Referral

DOUGLAS COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

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