Contact Tracing: Explained

What is Public Health doing to stop the spread of COVID-19?

The short answer is: Contact Tracing, but what is it?

Contact tracing helps limit the spread of disease by learning who a person who has COVID-19 has been in contact with.

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How 'Contact Tracing' works

1. Public Health is notified of all positive COVID-19 results.

2. A Public Health Nurse calls the person who tested positive to provide guidance for isolation during the illness. Public Health will also ask who they had contact with while they were contagious (their contacts).

3. Public Health then calls these contacts and has them begin their quarantine. They will learn if they have become infected while avoiding contact with others.