EXTENSION EDUCATION & RECYCLING COMMITTEE
Douglas County Board of Supervisors
Wednesday, December 18, 2019, 3:15 p.m., Extension Conference Room
Courthouse Room 107, 1313 Belknap Street, Superior, Wisconsin

Please call the County Clerk’s Office (395-1483) if you will not be able to attend.

MEMBERS:  Sue Hendrickson, Chair  Charlie Glazman  Michael Raunio
Wendy Bong  Mike Streveler

A G E N D A
(Committee to maintain a two-hour meeting limit or take action to continue meeting beyond that time.)

1. Roll call.
2. Approval of August 21, 2019, meeting minutes (attached).
3. Reports:
   a. Recycling Department: Update - S. Johnson/J. Barton;
   b. Extension Department (October 2019 newsletter - attached):
      (1) Area Extension Director – M. Pardee:
      (2) Agriculture & Horticulture – J. Anklam;
      (3) FoodWise – J. Montgomery/T. Nichols;
      (4) Human Development & Relationships – T. Henegar;
      (5) 4-H Program – K. Stenroos; and
5. Informational: 2020 meetings calendar (attached).
6. Future agenda items.
7. Adjournment.

ec: S. Nelson (Telegram)  UW-Extension Staff  Jennifer Barton (Recycling)  Sheldon Johnson
    County Board  Ann Doucette  Sue Sandvick  Kaci Lundgren

NOTE: Attachments to agenda available in County Clerk’s Office for viewing or copying, or on county’s website www.douglascountywi.org. Action may be taken on items on the agenda. The County of Douglas complies with the Americans with Disabilities Act of 1990. If you are in need of an accommodation to participate in the public meeting process, please contact the Douglas County Clerk’s Office at (715) 395-1341 by 4:00 p.m. on the day prior to the scheduled meeting. Douglas County will attempt to accommodate any request depending on the amount of notice we receive. TOO (715)395-7521.

Posted: Courthouse, Government Center, Superior Public Library, www.douglascountywi.org

Pamela A. Tafelski  December 11, 2019
Meeting called to order by Chair Sue Hendrickson.

ROLL CALL: Present - Michael Raunio (left at 3:50 p.m.), Wendy Bong, Mike Streveler, Sue Hendrickson. Absent – Charlie Glazman (arrived 3:40 p.m.). Others present – Tarah Nichols, Tracy Henegar, Mary Pardee, Shelley Nelson (Telegram), Mary Johnson-Garay, Katie Stenroos, Sheldon Johnson, Julie Montgomery, Pam Tafelski (Committee Clerk).

APPROVAL OF MINUTES: Motion by Raunio, second Bong, to approve June 12, 2019, meeting minutes. Motion carried.

REPORTS:
ACTION: Motion by Raunio, second Bong, to move to item 4. Action Items following Recycling Department Update. Motion carried.

Recycling Department Update: Hazardous Waste Day held in Solon Springs reviewed. Town of Superior considering pulling out of Douglas County’s blanket contract with NWRPC Responsible Unit and moving to Eagle Waste and Recycling. Town of Superior was informed that if they choose Eagle, they would lose the Douglas County stipend for the service. No word on Town of Superior decision as yet. Towns of Gordon and Wascott have issues with the front load containers and want the top load containers returned to their two sites which would cost additional $30,000. Gordon and Wascott have scheduled a meeting for September 6 to discuss their concerns and also will consider other providers. Sheldon Johnson will attend the meeting.

ACTION ITEMS/REFERRALS:
UW-Madison Extension 2020 Proposed Budget: Narrative reviewed by Pardee on budget relative to Superior Days coordination, additional Human Development and Relation programming proposal, and reallocation of 2019 funds from vacant CNRED position to support Superior Days. Superior Days historically supported by Extension position, Douglas County and outside contributors. Various scenarios for coordination of Superior Days discussed; contracting with someone outside of Extension negated. Vacant CNRED position reflects $42,000 savings in 2019 budget which supports Extension’s retention of Superior Days coordinator/educator by adding 30% position to Human Development and Relationships Educator 70% position. Extension’s current clerical position will continue. Pardee and County Administrator meet on 2020 budget tomorrow. Proposed 2020 budget request $197,066; increase of $2,000 over 2019.

ACTION (REFERRAL): Motion by Streveler, second Bong, to approve proposed 2020 budget for Douglas County Extension department as presented and forward to Administrator for Administration Committee budget session. Motion carried unanimously.

Extension Department: August 2019 Extension newsletter attached. FoodWIse – State grant program renewed for 2020; programming reviewed. Contact figures for 2019 to date reflect over 7000 youth (ages 5 to 17) contacts; over 2000 adult contacts. Human Development & Relationships – Update on Parenting the Love and Logic Way, the need identified for financial
literacy, Mental Health First Aid, and Trauma-Informed Parenting. **4-H Program** – Review of 4-H participation at HOL Fair, Day Camp at Pattison Park, kickoff of Jr. 4-H Leaders group, After School schedule, and 4-H member awards banquet (second Sunday in October). **Youth Development** – Review of Rocket Program at Superior Public Library and Solon Springs and elementary book clubs. Developing program on how to apply for scholarships. Introducing FLASH (Financial Literacy, Arts, Service, and Healthy choices) programs for those in 4th grade through age 16 who likely do not participate in the popular organized sports in the area. Survey of former Douglas County Youth in Governance representatives indicates strong response that they did not feel authentic participation as part of the governing process; only asked to report on school activities and not input on subjects before the County Board. Youth would like County Board Supervisors to take more active role as mentors.

**ADJOURNMENT:** Motion by Glazman, second Bong, to adjourn. Motion carried. Adjourned 4:40 p.m.

Submitted by,

Pamela A. Tafelski
Committee Clerk
Upcoming Events

**Human Development & Relationships**
9/26 – Family Forum Head Start Grandparents/Caregivers Support Group begins
10/1 – UWS Psychology Student’s Make It OK Ambassador Training
10/9 – FREE Wrestling Ghosts Documentary Screening, Panel Discussion & Resource Fair
10/12 – Mental Health First Aid at Essentia Superior (Register through UWS Continuing Education)
10/17 – Cooper Elementary Strengthening Families “Brain Architecture Game” (open to the public)
10/18 – Youth Mental Health First Aid at Superior Senior High School – (Register through UWS Continuing Education)
10/25 – Prenatal to Five (P25) Listening Session at WITC Superior

**4-H Programs**
National 4-H Week: October 6-12
4-H Achievement Night: October 13
4-H JR Leader’s Kickoff event: October 20
WI 4-H Fall Forum: November 1-3 in Green Lake, WI
Douglas County 4-H Annual Leader’s Association Meeting, November 11th, 6:00

**WI 4-H Horse Leaders Conference, November 15-17, UW Oshkosh**

**Agriculture/Horticulture**
Remembering Native Foods, October 18th
Beef Quality Assurance Workshop, October 19th
Dairy Roundtable, November 6th

**Positive Youth Development**
Book Worms at the library on October 11th @ 4:15

**FoodWise**
Youth in-school nutrition education 3rd grade
Grandparent’s and other caregivers support group
New Strong Bodies class starting October
Cooking Matters Family Cooking pilot with Head Start families
Transitional Housing Residents programming
Superior Community Garden-Growing Together WI Harvest event
Family Resource Center parents at Cooper Elementary
3rd grade classrooms
Senior meal site visits, Nov. 7, Holy Assumption
Senior Meal Site Visit

The Dietary Guidelines encourage increasing our daily intake of whole grains to 3 ounces per day. According to Penn University, many older Americans are not consuming the recommended 5-6 ounces of grains needed daily for good health. In August, Tarah Nichols presented a whole grain lesson to the seniors who attended lunch at the Gordon Town Hall Senior Meal Site. The lesson from the curriculum Seniors Eating Well focused on the importance of making half of our grains whole. The lesson taught learners what whole grains are, the healthfulness of whole grains, and how to know if one is choosing a whole grain product. Nichols brought many examples of foods that were from the grain group and helped learners decide if each was a whole grain or not. Learners looked at ingredient lists for the words “whole” as the first ingredient to help them decide. Nichols showed the whole grain stamp on products as another way to tell if a product was whole grain. No one in the group had ever seen the whole grain stamp before. After the lesson 100% of the learners said they will be looking for the whole grain stamp when shopping and ninety percent of the learners said they will look for “whole grain” as the first ingredient when shopping.

FoodWise Educators are active members of Senior Connections Nutrition Advisory Council. Members include representatives from senior meal sites within the county. The council meets quarterly visiting meal sites to discuss matters related to the nutrition program.

In addition to involvement in the Sr. Nutrition Advisory Council, FoodWise provides nutrition education lessons at senior meal sites and nutrition information articles for the Senior Connections newsletter.

Some members of the Nutrition Advisory Council gathered for the September meeting held at the Solon Springs Community Center.

Senior Connections makes a positive contribution to the nutritional health of senior citizens in our county. The number of Douglas County seniors participating in home delivered Meals on Wheels and senior meal site locations continues to rise.

June of 2019,
3,745 senior meals were provided.
2,996 meals were delivered to homebound seniors.
749 senior meals were served at a meal site.

In July:
4,094 senior meals were provided.
3,237 meals were delivered to homebound seniors.
857 senior meals were served at a meal site.

August saw a greater rise in senior meal participation.
4,401 meals were provided for the month!
3,336 were delivered to homebound seniors
1,065 senior meals were served at a meal site.

From June to August, nutritious meals enjoyed by seniors who ventured out to eat with their peers at one of seven meal sites increased by 316 meals! The home delivered Meals on Wheels program (which includes a communication between the delivery person and the homebound senior that they are okay) increased by 340 delivered meals in the last three months!
Agriculture
With the September rains, attention is turning from drying hay and filling silage bags to moving bales to storage and taking stock in the condition of the hayfields as we move into the winter. I have had the opportunity to work with farmers who are accessing the standing quality of their hay this summer. We have sampled standing alfalfa hay to determine sulfur deficiencies via tissue analysis. Sulfur is an important nutrient for alfalfa. Lack of sulfur can show up in a yellowing of the entire alfalfa plant. Our Douglas County soils are potentially susceptible to sulfur deficiencies as we no longer receive the fallout of sulfur from acid rain. Sulfur uptake can be determined by a tissue test sent to a UW Madison certified lab. This tissue analysis also includes a soil test so the farmer can compare the nutrients available in the field to the nutrients taken up into the plant. Those that use manure as part of their nutrient management system, will be less likely to have sulfur deficiencies. More likely they may experience potassium needs, showing up as a less sustainable crop along with the inability to compete with weeds in the hay fields, crowding out the more nutritious grasses and legumes.

Other diagnostic tests for the fall include soil tests for any hay or pasture field that has not been sampled for the past 3-4 years. For relatively uniform fields that can mean one sample every 10 acres. For $8.00/sample, farmers cannot afford not to have this analysis before they apply fertilizer, including manure. For those that want to learn more about how manure can be appropriately valued as a fertilizer, plan to attend the Dairy Roundtable on November 6, at the Amnicon Town Hall, 10-12:00 noon.
For testing please contact 715-395-1363.

Horticulture
Community and Master Gardeners dedicated a day to learn how to address the needs of Douglas County gardeners through Horticulture Therapy. Mike Maddox, Master Gardener Program Director and registered horticulture therapist led the participants through hands on skills to enable those with cognitive, physical, and social disabilities to engage in gardening more fully. “We know that gardening, horticulture, and being in close contact with nature is a human health need”, explained Maddox. “It is urgent that we do not miss the opportunity to engage our community in the activity of horticulture.”

The UW Master Gardener Program has asked Douglas County to show case their work in “Placemakers”. Placemaking with plants can be thought of as a way to draw people into a space. To get them to interact. To connect with plants. To learn. To build community. Think of our new downtown Superior streetscape. Our local businesses who include colorful green space outside of their establishments. Native landscaping and plantings at our parks and nature areas throughout the county. The cost of not including horticulture into our community infrastructure is expensive. Please let Jane know some of you most engaging horticulture “Placemaker’s” in Douglas County. We may use them for statewide Master Gardener Classrooms.

Local Food
One way to bring value to our locally produced beef is to make sure we are keeping up with the consumer demand for quality beef. In the past couple of years, meat packing and processors are demanding the beef they accept, raised on farms, are certified with Beef Quality Assurance Standards. UW Madison, Division of Extension Douglas County is offering this certification class on October 19 at the Parkland Town Hall. This session is geared toward beef producers, but those who process meat or work in the food industry are welcome to attend. Programs such as this shed a light on our entire local food infrastructure.

Finally, notice the fine local food work that is going on at the Town of Parkland Community Garden and the Superior Community Garden Association. Both gardens have been using the UW Madison, Extension “Plants and People” model to engage gardeners and grow local food. Plan to attend the Superior Community Garden Harvest Fest on October 26th to sample some of the harvest and learn more about their UW Madison “Growing Together Wisconsin” grant project that has helped them get there.
Hence, a declarer, "I shall never be content until the beneficent influence of the University reaches every family of the state." To me, this is the heart of my work through UW-Extension. One of the strengths of Extension programming is in the partnerships we develop with other organizations within our community that allow us to bring the knowledge of the University out into the community. We have several community partnerships happening this fall that will allow Extension to have broader impact with families in our community.

In partnering with Family Forum Head Start, we will be expanding our educational support of Grandparents and other non-traditional caregivers as they navigate the challenges of raising young children 0-5 years old. These support groups will be offered twice monthly, once midday and once in the evening, to provide access to as many families/caregivers as possible. Topics of discussion will be developed based upon the needs/interests of the group and will include nutrition, mental health, parenting and more. You can learn more about Family Forum’s Grandparents/Caregivers group on their website.

In partnership with the Douglas County Mental Health Coordinated Community Response and the Douglas County Fostering Futures, UWS will be hosting and UW-Extension will be helping to facilitate a FREE community screening and panel discussion of Wrestling Ghosts, a documentary that follows one family as they explore the impact of Mom’s own Adverse Childhood Experiences on their marriage and on her parenting, allowing a glimpse into their healing and growth. This is a story that is real and raw and ends with hope. Additionally, a community resource fair will provide families with information on how to get the supports they need. Please, join us on Wednesday, October 9th at 6pm in the Swenson Auditorium. Everyone is welcome!

We are continuing our partnership with the Superior Family Resource Center to provide parent education and support to families with children 2-5 years old. Meeting weekly for 6 weeks, we’ll start our class with parent/child together time, to nurture positive family relationships, then allow the kids to stay with a highly trained early childhood teacher for additional social learning while the adults have an hour to learn more about child development and expand their parenting tool box. This first session will be focusing on social/emotional learning, helping parents to get a better understanding of their parenting styles and how to help their little ones understand their big feelings and manage sometimes big behaviors. You can learn more about the School District of Superior’s Family Resource Center offerings on their school webpage.

Through an exciting new partnership this fall with the Superior School District, we are bringing education about Adverse Childhood Experiences (ACES) and brain development, as well as sharing tools for building Protective Factors. Together, we’ll be “building brains” through the Brain Architecture Game, exploring the types of experiences that have the potential to weaken or to strengthen brain architecture, then we’ll dig deeper into what families can do to strengthen their child’s developing brain. Additional topics on family health and wellness will be offered throughout the school year. You can learn more about this Strengthening Families program on the Cooper Elementary Strengthening Families Facebook page!

In partnership with the Douglas County Mental Health Coordinated Community Response and the Douglas County Fostering Futures, UWS will be hosting and UW-Extension will be helping to facilitate a FREE community screening and panel discussion of Wrestling Ghosts, a documentary that follows one family as they explore the impact of Mom’s own Adverse Childhood Experiences on their marriage and on her parenting, allowing a glimpse into their healing and growth. This is a story that is real and raw and ends with hope. Additionally, a community resource fair will provide families with information on how to get the supports they need. Please, join us on Wednesday, October 9th at 6pm in the Swenson Auditorium. Everyone is welcome!

One final opportunity that I will share is a partnership with Essentia Health to bring the 8-hour Youth Mental Health First Aid back to Douglas County. This course trains adults who interact with youth aged 12-19 on how to recognize early warning signs of a mental health or addiction crisis and how to provide immediate support until the crisis resolves or until professional supports are available. Our first course will be offered through the School District of Superior on Friday, October 18th at the Superior High School. Additional offerings will be held in Solon Springs and in Maple. To learn more &/or register for upcoming trainings, go to the UW-Superior Center for Continuing Education Youth Mental Health First Aid website.
4-H Day Camp was successfully held on August 6th at Pattison State Park! There were 25 youth campers in attendance and five amazing youth counselors. The youth counselors were instrumental in leading and teaching activities, organizing the campers, and creating a fun welcoming environment. Activities for the day included games, rock painting, straw rockets, learning about the water cycle, nature hikes and everyone’s favorite activity was making ice cream.

As the new 4-H year officially starts in October, I am working on 4-H promotion with the goal of increasing the 4-H membership. I am gearing up for 4-H Afterschool Programs at three local elementary schools starting in November. I also am holding a 4-H JR Leaders Kickoff event on Sunday, October 20, with the goal of starting a 4-H JR Leaders Organization for older 4-H members.

You are invited to the Douglas County 4-H Achievement Night on October 13th at 5:00pm at the Curling Club at the Head of the Lakes Fairgrounds. We will be celebrating the achievements of 4-H members and volunteers over the past year. There are five 4-H members who completed the Member Evaluation process and will be recognized at Achievement Night. These five members will be receiving project awards and scholarship to attend 4-H Educational Programs offered through Wisconsin and National 4-H. We will be recognizing our fearless 4-H volunteers and leaders who contribute greatly to the 4-H Program. Achievement Night includes a catered taco bar and dessert. It is free to attend. We kindly ask for your R.S.V.P to Cheryl Shockley at 715-395-1363 by October 9th. Hope to see you there!
Book Worms

What do you get when you offer a book club to kids? A whole lot of fun and great discussions! Kelly Wiisanen of the Superior Public Library and I have been offering a youth book club once a month at the public library. Kids take home a book, read it and plan on meeting the second Friday of the month to discuss how they felt about the story. While snacking on story related treats and participating in thematic activities we discuss the story. Our reading list includes Charlotte’s Web, The Little House on the Prairie, The One and Only Ivan and Bunnicula! The book club is open to any youth between 7 and 11 years of age.

Rockets!

Learning about rockets, listening to a story about Margret Hamilton and how she helped NASA put a man on the moon! Margaret handwrote a computer code that would allow the spacecraft’s computer to solve any problems it might encounter. Apollo 8, Apollo 9, Apollo 10. Apollo 11. Without her code, none of those missions could have been completed! (Margaret and the Moon By: Dean Robbins) About 90 young people from Solon Springs and Superior participated in our program about rockets that we held at the Solon Springs and Superior Public Library.

Youth Engagement, what does that look like?

As I go along in my position as Positive Youth Development Educator, I am going to focus my energy on building a team of youth throughout our county that is interested in becoming engaged in making positive changes in their lives and the lives of their peers. By developing committees of youth who are focused on issues or ideas, real leadership begins to bloom. My role as a facilitator is to guide them to success. Youth are more than passive individuals; they can be active members in shaping their own development. The young people of today have great ideas and skillsets that I believe can change the world for the better. We need to start small and build the changes as we navigate our way through different opportunities. If you know of any youth ages 8 and up that might be interested in being a part of this team, please have them contact me!
AGREEMENT BETWEEN THE
NORTHWEST REGIONAL PLANNING COMMISSION
AND DOUGLAS COUNTY

WHEREAS, The Northwest Regional Planning Commission is a legally constituted regional planning agency created pursuant to the statutes of the State of Wisconsin and its own adopted by-laws; and

WHEREAS, Further pursuant to the statutes of the State of Wisconsin and the Commission's by-laws, the Commission has been granted the power to enter into contracts with any local unit of government within the region for the purpose of providing technical assistance on planning and development matters; and

WHEREAS, Douglas County is a local unit of government within the region; and

WHEREAS, Douglas County has requested technical assistance from the Commission as outlined in the Scope of Services.

NOW, THEREFORE BE IT RESOLVED, that the Northwest Regional Planning Commission and Douglas County agree as follows:

This Agreement entered into on the ____ day of ____________________, 2019, by the Northwest Regional Planning Commission, party of the first part, hereinafter referred to as the "Commission", and Douglas County, Wisconsin, party of the second part, hereinafter referred to as the "County."

In consideration of mutual covenants and agreements hereinafter set forth, the parties hereto, legally intending to be bound hereby, do covenant and agree for themselves and their respective successors and assigns, as follows:
SCOPE OF SERVICES:
The Commission will provide technical assistance services in the overall administration of the Douglas County Responsible Unit. Activities associated with the Responsible Unit (RU) include:

1. Prepare the Responsible Unit grant application to the Wisconsin Department of Natural Resources.
2. Prepare the Responsible Unit annual report to the Wisconsin Department of Natural Resources.
3. Prepare the annual budget.
4. Prepare a newsletter and coordinate distribution.
5. Prepare news releases / articles regarding recycling to the public, towns and villages.
6. Attend county committee meetings, town unit, and other requested meetings.
7. Coordinate recycling site locations and site activities associated with the recycling program.
8. Monitor existing contracts for recycling services.
9. Prepare alternatives and modifications to program operations.
10. Prepare annual attendant contracts and monitor activities at contracted sites.
11. Provide support to citizens having questions regarding recycling.
13. Coordinate payments to appropriate vendors and contracted services.
14. Prepare end of year reports to appropriate Douglas County Departments.
15. Coordinate Household Hazardous Waste collections in the County and prepare public information regarding event locations and dates.
16. Provide support to citizens having questions regarding household hazardous waste collection and disposal.
17. Provide updated information and news for the Douglas County website on household hazardous waste.
18. Prepare, distribute, and evaluate requests for proposal for services associated with recycling.

COST:
This agreement shall commence on January 1, 2020 and end on December 31, 2020. The County will pay the Commission $32,000 for activity associated with the responsible unit duties of Douglas County. The County will reimburse the Commission for mileage associated with travel in support and operation of the Douglas County RU at the approved IRS rate.

IN WITNESS THEREOF, we the undersigned agree to the terms of this Agreement.

[Signatures]
Thomas Mackie, Chairman
Northwest Regional Planning Commission

Ann Doucette, Administrator
Douglas County

[Signature]
Witness

12/14/19
Date

[Signature]
Witness

[Signature]
Date
## COUNTY BOARD / COMMITTEE SCHEDULE FOR 2020

*Meeting hiatus - no meetings Jan. 20 – Feb. 14
(No County Board meetings in February and July)*

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</tbody>
</table>

This calendar contains the regularly scheduled meeting dates of County Board and Board-specific standing committees/boards/commissions. Dates/times/locations are subject to change and should always be confirmed by an agenda. Items in red are date/day/time changes or additions due to holidays, meeting conflicts. Items in blue reflect no meeting due to meeting hiatus per County Board policy.

**SUPERIOR DAYS 2020**

**TUESDAY, FEBRUARY 11 - WEDNESDAY, FEBRUARY 12**