

The Place for Information and Assistance!

Aging and Disability Resource Centers are the first place to go with your aging and disability questions. ADRCs are “information stations” where individuals can obtain accurate, unbiased information related to aging or living with a disability.

A Resource Center Can Help You Find:

- ▶ ***Adaptive Equipment***
- ▶ ***Assisted Living / Nursing Home***
- ▶ ***Employment Programs***
- ▶ ***Financial Aid***
- ▶ ***Health and Wellness***
- ▶ ***Housing Options***
- ▶ ***In-Home Personal Care***
- ▶ ***Nutrition Programs***
- ▶ ***Prescription Drug Coverage***
- ▶ ***Respite Care***
- ▶ ***Support Groups***
- ▶ ***Transportation***

For more information visit:

<http://www.dhs.wisconsin.gov/ltcare/adrc/index.htm>



**WISCONSIN DEPARTMENT OF
HEALTH SERVICES**
Division of Long Term Care
Office for Resource Center Development
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Aging and Disability Resource Centers

**Connecting You with
Supports and Services**





What are Aging and Disability Resource Centers?

Aging and Disability Resource Centers, or ADRCs, offer the general public a single source for information and assistance on issues affecting older people and people with disabilities regardless of their income. These Resource Centers are welcoming and convenient locations for you and your family to get information, advice, and access to a wide variety of services.

► Information and Assistance

Information and Assistance Specialists provide you with knowledge about services, programs, and solutions for disability and long-term care issues such as living arrangements, health, adult protective services, employment and training for people with disabilities, home maintenance, nutrition, Social Security, and other publicly funded programs.

► Long-Term Care Options Counseling

Options Counselors offer information about the choices that are available to meet your long-term care needs. An Options Counselor discusses factors to consider when making long-term-care decisions.

► Health and Wellness

Today there are many ways that someone can stay healthy and avoid injury even if a person is getting older or living with a disability. The ADRC can make connections for you that will support your best possible health and safety.

► Benefits Counseling

Benefit Specialists can provide accurate and current information about private and government benefits and programs that you may be entitled to receive. Benefit Specialists can cut the “red tape” when people run into problems with Medicare, Social Security, and other benefits.

► Vital Connections

If you or someone you know is at risk of abuse or neglect, losing housing or heat, the Resource Center is there to help connect you with someone who will respond to your urgent situation.

► Help Paying for Long-Term Care

ADRCs are the entry-way to publicly funded long-term care programs. The Resource Center will help assess your level of need for services and ensure that you are eligible. They can provide information about all the options available and help you select the solution best for you.